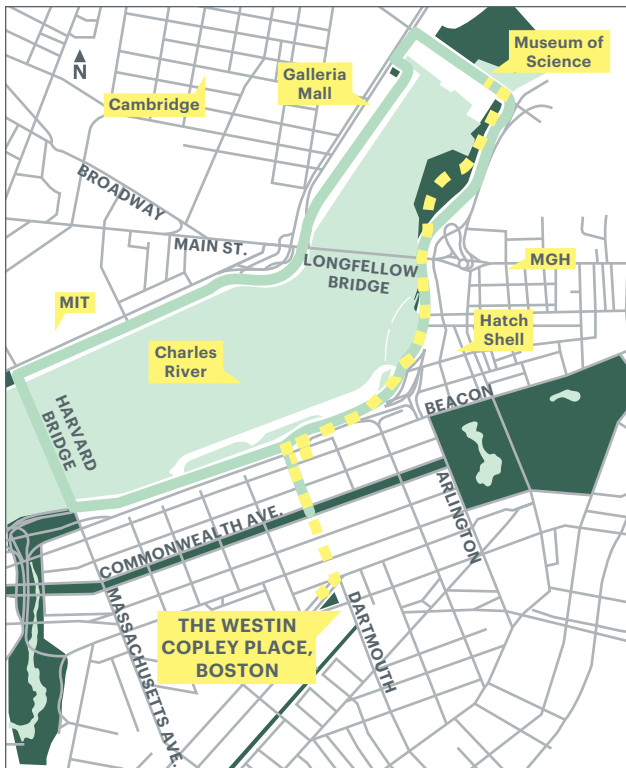


WESTIN *WORKOUT*

Running Map by new balance



 3 mi

 5 mi

1 mi = 1.6 km

THE WESTIN COPLEY PLACE

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3-MILE ROUTE (OUT-AND-BACK)

1. Leave the hotel, turn left and run to the end of Dartmouth St.
2. Cross over Storrow Dr. using the footbridge.
3. At the end of the bridge, turn right and run along the Charles River Esplanade/Dr. Paul Dudley White Bike Path until you reach Monsignor O'Brien Highway (about 1.5 miles).
4. Turn around and retrace your steps back to the Dartmouth St. footbridge.
5. Take a left over the footbridge.
6. Follow Dartmouth St. back to the hotel.

5-MILE ROUTE (LOOP)

1. Follow steps 1-3 above.
2. Turn left by the State Trooper Station to continue along Charles River Dam Rd. past the Museum of Science.
3. Follow the path left until you are back along the river.
4. Follow the path under the Longfellow Bridge until you reach the Harvard/Mass Ave Bridge.
5. Take a left onto the bridge and cross the river.
6. At the end of the bridge, take a left onto the footbridge and follow the path back until you get to the Dartmouth St. footbridge.
7. Take a right over the footbridge.
8. Follow Dartmouth St. back to the hotel.

Disclaimer notice: as a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the hotel. The identified routes are on city public streets and ways. As the hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.