

FRESH START

Super Foods Rx



Fuel your body with delicious SuperFoods Rx dishes packed with nutrients and energy. Antioxidant rich and naturally low in calories, our tempting selections make health meals impossible to resist.

For a better you

INDULGE

THE COPLEY BUFFET

scrambled eggs, bacon, pork sausage links, breakfast potatoes, fresh fruits, hot & cold cereals, yogurt, granola, freshly baked breads & bagels, assorted fresh juices & Starbucks coffee **27.95**

SMART START BUFFET

selection of fresh fruits, hot & cold cereals, yogurt, granola, freshly baked breads & bagels, assorted fresh juices & Starbucks coffee **19.95**

BEVERAGES, FRUITS & YOGURTS

Freshly brewed Starbucks coffee regular or decaffeinated **5.50**


Selection of tazo teas awake, earl grey, chai, chamomile, mint, green, decaffeinated chai **5.50**

Cappuccino, latte espresso regular or decaf (made with 2% or soy milk) regular or decaffeinated **7.00**

Juice orange, grapefruit, apple, cranberry, tomato or V8 **6.00**

Milk 2%, fat free, soy, almond **6.00**

Side of fruit selected seasonal melons **7.00**

Low-fat or Greek yogurt  choose from fruit, berry or plain **6.00**

CHIA SEED PARFAIT  White chia & coconut pudding, fresh berries & nuts **10.00**


Sides

Selection of toast wheat, rye, english muffin, sourdough or gluten free **6.00**



Toasted bagel with cream cheese **6.50**

Pee wee potatoes **7.50**

Crisp smoked bacon, pork sausage, grilled ham, chicken apple sausage **8.00**


WHOLE GRAIN CEREAL OR ALL NATURAL GRANOLA  seasonal berries or sliced banana, soy milk available **8.00**


STEEL CUT OAT BRULEE  honey glazed green apples, bananas & toasted pecans **8.00**

FRESH FRUIT COMPOSITION   bountiful selection of the season’s best **14.00**



BREAKFAST ENTREES


EGGS YOUR WAY*  organic eggs done your way, tri colored pearl potatoes & choice of toast choice of grilled ham, bacon or pork sausage **19.00**

PERSONALIZED OMELET  choice of three fillings: smoked ham, cheddar, tomato, mushroom, onions, peppers, swiss, salsa, spinach, pee wee potatoes **20.00**

EGG WHITE FRITTATA   wilted spinach, cherry tomato, vermont goat cheese, fresh fruit **20.00**

FARM STAND BENEDICT* poached egg, eggplant, zucchini, squash, english muffin, portobello mushroom, creamed English peas, pee wee potatoes **17.00**

SMOKED SALMON  grape tomatoes, cream cheese, capers, pickled red onions, boiled eggs & toasted bagel **20.00**

COUNTRY TACOS  smoked brisket, eggs, queso fresco, white flour tortilla, southern-style beans, poblano sauce **18.00**

PORTUGUESE STYLE EGGS poached eggs, sofrito, grilled chorizo, asparagus pee wee potatoes **19.00**

BUTTERMILK PANCAKES whipped butter, fresh berries, vermont maple syrup **18.00**

FRENCH TOAST egg battered brioche, warm nutella, lavender honey & roasted bosc pears **19.00**



WESTIN FRESH BY THE JUICERY 

BEET, carrot, kale, apple juice, lemon ginger **8.00**

CARROT, orange, ginger, turmeric & mango **8.00**

KALE, spinach, banana, mango & cinnamon smoothie **9.00**

PEAR, spinach, avocado, coconut water smoothie **9.00**

WESTIN FRESH BY THE JUICERY JUICES CAN HELP FIGHT JET LAG!
The feeling of jet lag is often as much due to a combination of dehydration and not eating well while in airports and on the plane, as it is about the actual time difference. Rehydrating with a nutrient-loaded juice can boost mood and energy levels instantly.

 **Gluten Free**

***Cooked to order. Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.**
Before placing your order, please inform your server if a person In your party has a food allergy

Parties of six or more, an 18% service charge
Will automatically be added to your bill