

## FRESH START

Super Foods Rx



*Fuel your body with delicious SuperFoods Rx dishes packed with nutrients and energy. Antioxidant rich and naturally low in calories, our tempting selections make health meals impossible to resist.*

*For a better you*

## INDULGE

### THE AMERICAN BREAKFAST

2 eggs and style, choice of bacon, ham or sausage with hash browns and choice of toast, orange juice and coffee **22.95**

## BEVERAGES, FRUITS & YOGURTS

**Freshly brewed Starbucks coffee** regular or decaffeinated **5.50**


**Selection of tazo teas** awake, earl grey, chai, chamomile, mint, green, decaffeinated chai **5.50**

**Cappuccino, latte espresso** regular or decaf (made with 2% or soy milk) regular or decaffeinated **7.00**

**Juice** orange, grapefruit, apple, cranberry, tomato or V8 **6.00**

**Milk** 2%, fat free, soy, almond **6.00**

**Side of fruit** selected seasonal melons **7.00**

**Low-fat or Greek yogurt**  choose from fruit, berry or plain **6.00**

**CHIA SEED PARFAIT**  White chia & coconut pudding, fresh berries & nuts **10.00**

## Sides

**Selection of toast** wheat, rye, english muffin, sourdough or gluten free **6.00**


**Toasted bagel** with cream cheese **6.50**

**Pee wee potatoes** **7.50**

**Crisp smoked bacon, pork sausage, grilled ham, chicken apple sausage** **8.00**

**WHOLE GRAIN CEREAL OR ALL NATURAL GRANOLA**  seasonal berries or sliced banana, soy milk available **8.00**

**STEEL CUT OAT BRULEE**  honey glazed green apples, bananas & toasted pecans **8.00**

**FRESH FRUIT COMPOSITION**   bountiful selection of the season's best **14.00**

## BREAKFAST ENTREES

### EGGS YOUR WAY\*

organic eggs done your way, tri colored pearl potatoes & choice of toast choice of grilled ham, bacon or pork sausage **19.00**

### PERSONALIZED OMELET

choice of three fillings: smoked ham, cheddar, tomato, mushroom, onions, peppers, swiss, salsa, spinach, pee wee potatoes **20.00**

### EGG WHITE FRITTATA

wilted spinach, cherry tomato, vermont goat cheese, fresh fruit **20.00**

### FARM STAND BENEDICT\*

one poached egg, eggplant, zucchini, squash, english muffin, portobello mushroom, creamed English peas, pee wee potatoes **17.00**

### SMOKED SALMON

grape tomatoes, cream cheese, capers, pickled red onions, boiled eggs & toasted bagel **20.00**

### COUNTRY TACOS

smoked brisket, eggs, queso fresco, white flour tortilla, southern-style beans, poblano sauce **18.00**

### PORTUGUESE STYLE EGGS

poached eggs, sofrito, grilled chorizo, asparagus pee wee potatoes **19.00**

### BUTTERMILK PANCAKES

whipped butter, fresh berries, vermont maple syrup **18.00**

### FRENCH TOAST

egg battered brioche, warm nutella, lavender honey & roasted bosc pears **19.00**



## WESTIN FRESH BY THE JUICERY

**BEET**, carrot, kale, apple juice, lemon ginger **8.00**

**CARROT**, orange, ginger, turmeric & mango **8.00**

**KALE**, spinach, banana, mango & cinnamon smoothie **9.00**

**PEAR**, spinach, avocado, coconut water smoothie **9.00**

### WESTIN FRESH BY THE JUICERY JUICES CAN HELP FIGHT JET LAG!

The feeling of jet lag is often as much due to a combination of dehydration and not eating well while in airports and on the plane, as it is about the actual time difference. Rehydrating with a nutrient-loaded juice can boost mood and energy levels instantly.

 **Gluten Free**

\*Cooked to order. Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.

*Before placing your order, please inform your server if a person in your party has a food allergy*

Parties of six or more, an 18% service charge  
Will automatically be added to your bill