

## FRESH START

Super Foods Rx



*Fuel your body with delicious SuperFoods Rx dishes packed with nutrients and energy. Antioxidant rich and naturally low in calories, our tempting selections make health meals impossible to resist.*

*For a better you*

## INDULGE

### THE COPLEY BUFFET

scrambled eggs, bacon, pork sausage links, breakfast potatoes, fresh fruits, hot & cold cereals, yogurt, granola, freshly baked breads & bagels, assorted fresh juices & Starbucks coffee **25**

## BEVERAGES, FRUITS & YOGURTS

**Freshly brewed Starbucks coffee** regular or decaffeinated **5.50**

**Selection of Tazo teas** awake, earl grey, chai, chamomile, mint, green, decaffeinated chai **5.50**

**Cappuccino, latte espresso** regular or decaf (made with 2% or soy milk) regular or decaffeinated **7**

**Juice** orange, grapefruit, apple, cranberry, tomato or V8 **6**

**Milk** 2%, fat free, soy, almond **6**

**Side of fruit** selected seasonal melons **7**

**Low-fat or Greek yogurt** Choose from fruit, berry or plain **6**

**CHIA SEED PARFAIT** White chia & coconut pudding, fresh berries & nuts **10**

## Sides

**Selection of toast** wheat, rye, English muffin, sourdough or gluten free **6.00**

**Toasted bagel** with cream cheese **6.50**

**Hash brown potatoes** **7.50**

**Crisp smoked bacon, pork sausage, grilled ham, chicken apple sausage** **8.00**

**WHOLE GRAIN CEREAL OR ALL NATURAL GRANOLA** Seasonal berries or sliced banana, soy milk available **8.00**

**STEEL CUT OAT BRULEE** Honey glazed green apples, bananas & toasted pecans **8.00**

**FRESH FRUIT COMPOSITION** Bountiful selection of the season's best **14.00**

## BREAKFAST ENTREES

**EGGS YOUR WAY\*** Potato hash, choice of grilled ham, bacon, toast **19**

**PERSONALIZED OMELET** Choice of three fillings: smoked ham, cheddar, tomato, mushroom, onions, peppers, Swiss, salsa, spinach, potato hash **20**

**EGG WHITE OMELET** Asparagus, cherry tomatoes, Vermont goat cheese, hash browns **20**

**CLASSIC BENEDICT\*** Two poached eggs, Canadian bacon, hollandaise, hash browns **17**

**SMOKED SALMON** Grape tomatoes, cream cheese, capers, pickled red onions, boiled eggs & toasted bagel **20**

**BRISKET TACOS** Smoked brisket, pepper corn, eggs, salsa **18**

**BUTTERMILK PANCAKES** Whipped butter, fresh berries, Vermont maple syrup **18**

**FRENCH TOAST** Egg batter brioche, macerated strawberry and Vermont maple syrup **19**



## WESTIN FRESH BY THE JUICERY

**BEET**, carrot, kale, apple juice, lemon ginger **8.00**

**CARROT**, orange, ginger, turmeric & mango **8.00**

**KALE**, spinach, banana, mango & cinnamon smoothie **9.00**

**PEAR**, spinach, avocado, coconut water smoothie **9.00**

**WESTIN FRESH BY THE JUICERY JUICES CAN HELP FIGHT JET LAG!**  
The feeling of jet lag is often as much due to a combination of dehydration and not eating well while in airports and on the plane, as it is about the actual time difference. Rehydrating with a nutrient-loaded juice can boost mood and energy levels instantly.

**Gluten Free**

**\*Cooked to order. Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness. Before placing your order, please inform your server if a person in your party has a food allergy**

Parties of six or more, an 18% service charge  
Will automatically be added to your bill